Drug Use in Sports Research Paper  
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Abstract:  
Drug use in sports is very global and is a serious problem that is ruining athlete's all over the world as well as the sport.   
In this paper, I am going to tell you why drug use in sports needs to end. I am also going to tell you all the reasons behind that statement and why I think this drug use problem needs to be fixed.  
  
Problem Statement:   
 Drug studies have shown that athletes  use drugs  in sports  because they always want to win and improve behind all odds. There's a lot of information backing this up. However, Why don't some athletes not want to work hard? Why do these athletes want an easy way out and why do they ruin their reputation for these superior gains? Over the next few mintues i'm going to answer all these questions as well as explain why this epidemic needs to be stopped.  
  
Literature Review:  
The purpose of drug use in a sport is to gain something  an athlete could not gain by himself.   
The athlete uses this drug to cheat their sport as well as to cheat themselves. The athlete assumes it's okay to cheat because winning is something they always want to do and losing isn't an option. The athlete never thinks about the situation in the long run, but only what they can get from it in short run. When money, fame, glory and winning ties into all this, the athlete is going to take the drugs no matter what anyone says. Drug use has a huge psychological impact on the athlete abusing  the drug because it allows them to be okay with damaging themselves if it leads to riches. Athletes have no idea what these drugs do to their body and most of the time end up with serious conditions. The athlete is very selfish as well and does not acknowledge how this may effect his family,relatives or even teammates. The athlete does not care about their fans or the sport they pursue in a whole, when they abuse drugs.. Another aspect to look at is the athlete may realize drugs do damage to their body. They don't take  the action though because majority of the time they have insecurities with their sport. These insecurities lead to trouble which in turn damages their reputation and destroys the sport.  
  
Proposed Response  
We need to keep banning new substances and keep putting people in jail for using drug use in sports. This will allow them to understand why it's wrong and hopefully ruin their life's enough to show fear. Another way to try to end this is, we need to educate athletes more about what drugs can do to your body. we can do this by showing graphic images of how drugs can destroy your liver and cause heart  problems. Athletes that have used  drugs in sports, should start coming out and admitting to the public it was wrong. This would prevent a lot of people from taking drugs in their sport by knowing their athlete rejected it. We need more media attention and stories about drug use, so the younger generation can realize this is not a cool thing to do. Overall, we just need this topic to be shared more around on twitter,Facebook and other media sites, so people can understand how big of an issue this is.  
  
  
Findings:  
People that are more insecure about themselves and have low self esteem turn to drug use.  
So an athlete that struggles with how they look, will turn to drug use in sports for improvement.  
An example of this would be a body builder taking steroids to increase muscle mass because they think their small.  
People that have physiological problems like muscle dis morphia or some other problem are prone to using drugs in their sport.  
People that are risk takers or are not empathic will take drug use in their sport because they don't care about others.  
We see this a lot with Lance Armstrong for example, when he kept winning.  Lance knew he was leading people on with lies,but lance only cared about winning and not the people.  
  
  
  
Conclusion:  
Drug use in sports needs to be stopped overall. The problem though will continue to happen just like  violence in the world. The reason why is because winning is everything to an athlete and respect is usually not the most important thing. In order for us to stop this, we all need to take part in a advocating against this and stand up for what we believe. b The problem will never end completely, but if action is taken everything will eventually get better.